

Education Inclusion Family Advisor Newsletter

February 2023

Education Inclusion Family Advisors support parents with challenging or worrying behaviour, tantrums, meltdowns, anxiety, self-esteem, bedtime problems, sibling rivalry etc. Support is currently available virtually or by phone/email.

Your schools EIFW is Jane Rogers

Parenting Top Tips Safer Internet Day 7th February 2023

For parents/carers to help support their child to stay safe and happy online

- Make space for **enjoying and exploring the online world together!**
- Make space for **working as a family to agree expectations for going online**
- Make space for **learning about the apps, games, and websites your child is using**
- Make space for **supporting and reassuring your child if things go wrong**

[Safe Internet – Your Guide to Staying Safe Online](#)



Activity Idea - Well done jar!

A great way to encourage behaviours you want to see.
What you will need:

- A clean jar
- Paper
- Pens/pencils



Catch your child being good!

Every time you spot your child doing something write it down and pop it in the jar. If you or your child are feeling creative, decorate with any craft materials you like.

A great way to promote positive behaviours and improve self-esteem.



Another Resource

Here is a link to access free downloadable resources to support children's social and emotional and development. If you like and enjoy the many free downloads, you can check in with them each Friday as this is when they create another free resource. To access click on the link below:

[Free Resources Archives - ELSA Support \(elsa-support.co.uk\)](https://www.elsa-support.co.uk/)

To get you started I have added a download called 'Friendly February'

Download: [Friendly February](#)



Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cams.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer



Cambridgeshire
County Council